



Dear sector colleagues,

As the 2022-24 CPD cycle gets ever closer to its end date, please find below the cycle stats as of the end of July 2024. We have also included stats from the end of June 2024 and from the start of this year - January 2024 - for comparison purposes.

CPD engagement – statistics:

Registrant CPD engagement	Jan 2024	June 2024	July 2024
Fully qualified registrants	24,656	24,517	24,756
OO/IP/AS/SPs yet to log a PDP	2,456	2,193	2,261
DO/CLOs yet to log a PDP – DO/CLO	983	755	710
Registrants yet to complete their Scope of Practice	37	290	432
Registrants yet to access the MyCPD platform at all	74	48	45
Are registrants on track* with logging their CPD points?			
OO/IP/AS/SPs on track for obtaining their General total points requirement	51%	56%	57%
DO/CLOs on track for obtaining their General total points requirement	51%	57%	59%
IP/AS/SPs on track for obtaining their Specialist total points requirement	40%	52%	55%
CLOs on or above target for obtaining their Specialist total points requirement	38%	53%	54%
How are registrants progressing against their whole CPD scheme requirements			
Registrants already obtained all of their required general points	20%	39%	44%
IP/AS/SP/CLO registrants already obtained all of their required specialist points	19%	40%	47%
Registrants already obtained all of their required Provider-led points	71%	81%	83%
Registrants already obtained all of their required Interactive points	47%	63%	66%
Registrants already met the Core domains requirement	79%	84%	85%

Registrants already met the Peer review requirement	67%	77%	80%
Registrants have completed all cycle requirements (excluding reflective exercise)	-	32%	37%
Reflective exercise			
Registrants submitted the reflective exercise	N/A	N/A	4%**

**'On track' means that registrants have logged sufficient points in line with or above the current position in the cycle.*

*** Went live in early July 2024*

It is positive to see increasing number of registrants completing key requirements, with over 80% of registrants having already met their provider-led points, core domains and peer review requirements. With just under 60% of registrants on track to meet their total points requirements however, and only 44% of registrants having obtained all their required general points, there is still work to do to ensure all registrants meet their requirements by the end of the 2022-24 cycle.

Over the remaining months of this cycle, we will continue to send out communications reminding registrants of completing all their CPD requirements. These will include monthly reminder emails, blogs on key requirements and how-to guides.

Recent communications

We are aware that sector colleagues said they would be happy to share communications on the CPD scheme during a recent meeting with our Policy team. If you are interested in sharing, please see below for the latest communications. We are grateful for any support you can provide.

July 2024: Completing the CPD reflective exercise

In July 2024 we launched the reflective exercise online form on MyCPD, which means all fully qualified registrants can now complete and submit their reflective exercise. This is where registrants reflect on their professional development over the current CPD cycle through a discussion with a peer which must be documented.

It should take place once all or most CPD requirements have been met, and the form should be completed on MyCPD by the end of December 2024. The reflective exercise allows registrants to gain insights about their practice to improve the way they work and / or the care they give to patients, as well as to prepare in advance for the next CPD cycle.

We have already reached out to fully qualified registrants to let them know it is live but would appreciate any further support you can provide in sharing this information.

You can find a link to our reflective exercise webpage, which includes the reflective exercise guidance template, here: <https://optical.org/en/education-and-cpd/continuing-professional-development/information-for-registrants/reflective-exercise/>

June 2024: Self-directed CPD: a registrant's perspective

Self-directed CPD is an accessible way of learning and a simple way of gaining CPD points. In a nutshell, it is any learning registrants carry out, relevant to their professional practice or development, which is not delivered by a GOC-approved CPD provider.

We caught up with three registrants to talk about self-directed CPD: **Rebekah Stevens** - optometrist, academic and Lead Assessor at the College of Optometrists; **Wee Heong Chu** – hospital optometrist; and **Graeme Stevenson** – contact lens optician. We asked them about the self-directed CPD they have completed and how they've benefitted from self-directed learning.

The link to the video and blog can be found here: <https://optical.org/en/news/blog/self-directed-cpd-a-registrant-s-perspective/>

April 2024: How-to guide: Registrant-led peer review

While we are aware that most registrants have already undertaken their peer review for this cycle, we have received a number of questions about undertaking registrant-led peer review. Therefore, for those yet to complete a peer review and keen to carry out a registrant-led one, we have put together this short 'how-to' guide.

The link to this how-to guide is here: <https://optical.org/en/news/blog/how-to-guide-registrant-led-peer-review/>

CPD Providers and CPD sessions

We are aware that as the end of the current cycle nears, the current CPD sessions for this cycle will also be reaching their expiry dates. With this in mind, we are undertaking a review of the transition of CPD sessions between cycles. Firstly, we will be opening the ability to lodge sessions for the 2025 cycle ahead of the next cycle starting, and we will also be reviewing the option to automatically apply an extension to the session expiry dates to prevent the need to re-lodge sessions en masse at the end of a cycle. Once the enhancements have been finalised, we will be contacting all CPD providers to notify them of this positive progression by minimising the date driven and burdensome replication of submissions.